



**Date/Time:** August 3rd, 2016 1:30 p.m. – 3:00 p.m.

**Location:** Liberty Community Center

**Attendees:** Kate Lesnar (LCHAT), Jessica Berkemeier (CCPHC), Aaron Smullin (CCPHC), Tom Modin, Kathleen Welton (CCPHC), Tamra Thole (Hy-vee), Diane Kipping (LH), Rebecca Fisher (LPS), Ed Hughes (Northland Rolladium), Rerry Rennack (Mathnasium), Gene Gentrup (City of Liberty), Mike Shiply (Yoga Liberty), Ximena Somoza (CCPHC), Becky Gossett (LPS), Katherine Sharp (City of Liberty), Janet Bartnik (LPR), Sue Miller (CCPHC), Cole Bedell (LPR), Brittany Fischer (LPR), Chris Wilson (LPR), Kristin Roundy (KCMO Parks), Lori Lanzone (Liberty resident & volunteer)

Topic	Discussion	Action
<b>Welcome &amp; Introductions</b>	Self introductions were made	
<b>Chronic Disease Primary Prevention Program grant (CDPP)</b>	<p>CCPHC has received a \$20,000 grant per year for 2017-20 to address chronic disease risk reduction through evidence based strategies that impact tobacco use, physical activity and nutrition. Funds must be used to support policy, environmental and system level changes.</p> <ul style="list-style-type: none"> <li>- The grant requires that CCPHC works with a local coalition so LCHAT was a natural fit</li> <li>- Grant cycle goes from October 1-September 30</li> <li>- Kate will be the lead on this grant, with Kathleen Welton helping implement activities and grant requirements</li> </ul>	<ul style="list-style-type: none"> <li>- <b>Nutrition team</b> will be working on piloting a system change in 1 school regarding a chosen wellness policy.</li> <li>- Grant requires a 6-8 week community wellness challenge. <b>Physical Activity team</b> will be working on this piece.</li> <li>- <b>The grant requires that one of the coalition teams meets at least monthly</b></li> </ul>



<p><b>Stock Healthy, Shop Healthy grant (SHSH)</b></p>	<p>CCPHC has also received a \$10,000 grant to help a convenience store in an underserved neighborhood to increase and promote healthy options.</p> <ul style="list-style-type: none"> <li>- The grant can help pay for a facelift for the store to be more inviting, signs for promotion, fridge or freezer, shelves, etc.</li> <li>- A nutrition education component is also encouraged</li> </ul> <p>For more info:  <a href="http://extension.missouri.edu/stockhealthy/home.aspx">http://extension.missouri.edu/stockhealthy/home.aspx</a></p>	<ul style="list-style-type: none"> <li>- The full group voted to work with <b>Cody's</b>, a convenience store located close to William Jewell and is inside the Liberty food desert.</li> <li>- A signup sheet was passed around for persons interested in working on this project.</li> </ul>
<p><b>Team Updates</b></p>	<p><b>Board-</b> Janet gave an update on the board's activities</p> <p><b>Nutrition Team-</b> Have gotten 80 responses on the parent survey, will need to keep pushing that once school starts. Will be tweaking the teacher survey so it's ready for Convocation on Aug. 12<sup>th</sup>.</p> <p><b>PA team-</b> Brittany is the new team lead, and will be essential in helping with the community wide challenge as she has experience with this type of programming. Chris is working with Kat and MODOT on bikability issues in the city.</p> <p><b>Communications-</b> Keeping the FB and website updated, helping with service providers packets, will be updating the William Jewell video in the next few months.</p> <p><b>Service Providers-</b> Have developed a packet to go out to businesses and ask them to be a community partner with LCHAT. The packet includes a one page summary of what a partnership entails, LCHAT brochures, a window cling, and a Healthy Living Guide for the Liberty community.</p>	<ul style="list-style-type: none"> <li>- <b>Everyone present was asked to take 1 or more packets to connect with the addressed Liberty business to ask them to be a partner.</b> We stress that this does <b>not</b> mean they need to donate money. The one page document should tell you everything needed for an "elevator speech." It's also imperative to ask them to email Kate to confirm partnership and send their logo. Or to get a card so Kate or you can follow up with them.</li> </ul> <p><b>If anyone knows of more businesses that would be a</b></p>



		<p>good partner, please let Kate know and we can get them a packet.</p>
<p><b>Team Meetings:</b></p>	<p>Each team was able to meet for about 25 minutes to discuss next steps and actions items to work on.</p>	<p><b>Team leads-</b> please send meeting notes or action items to Kate and set up next team meeting if applicable</p>

Adjourn at 3:00 pm